NLP

{ A Science to get fast and best result in our personal as well as professional life.

What is NLP?

NLP is a new attitude

NLP is a new methodology

NLP has evolved as an innovative technology

Credit goes to 2 great personalities

- Richard Bendler - A Mathematician
- John Grinder – A Language Professor

FULL FORM OF NLP

NEURO LINGUISTIC PROGRAMMING

NEURO - Related to Nervous System

LINGUISTIC - Related to Language

PROGRAMMING - The ability to organize our communicational and neurological systems

COMMUNICATION MODEL

What happens in our mind after we receive any information and before we react on it

Receiving the information – through 5 sences

Filter the received information

1. Delete
2. Distort
3. Generalize

Internal Representation
Mental state
Physiology
Behaviour

We give meaning to the information and incidents happening around us as per our beliefs

OPERATING PRINCIPLES OF NLP

1. Map is not the territory.
2. There is no such things as Failure, only FEEDBACK.
3. The meaning of your communication is the response you get.
4. If you go on doing the things in a same way, you are going to get the same results.
5. You cannot not communicate.
6. The person with the most flexibility will have the most influence in any system.
7. Every behaviour has a positive intention.
8. Mind and body form one system. They are different expressions of one person.

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9. We have all the resources we need to succeed.

It’s all about YOU

A Humble thanks
to all
sitting over here